

# WHAT DOES A WELCOMING COMMUNITY LOOK LIKE AND HOW DO WE HELP CREATE IT?



## About Us

At the Urban League of Greater Pittsburgh Family Support Centers, we are customer focused, while continuously improving our programs and services.

Through teamwork in a caring environment, we assist with the empowerment of the Center's participants and community.

Our program/ component focuses on any family that resides in the Northview Heights, East Hills or City of Duquesne or West Mifflin areas with children ages 0-5. We require active parent participation in in-home parent education, child development and attend center-based activities.



Urban League of  
Greater Pittsburgh

*Empowering Communities.  
Changing Lives.*



## WELCOME TO THE FAMILY SUPPORT CENTERS

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**East Hills  
Family Support  
Center**

2320 East Hills Drive (Rear)  
Pittsburgh, PA 15221  
1-412-469-9870  
[www.ulpgh.org](http://www.ulpgh.org)

# Services & Activities

- Parent Education
- Child Development activities
- Crisis Intervention/ family counseling services
- Field trips, special events, and Center activities for all family members
- Drop-in Childcare for parents participating in on-site programs and activities only
- Family support services (transportation, individual and family counseling, etc.)
- Information and referral for G.E.D., college, employment, job training and housing assistance



## Our Services

- ✓ **Parent Council**  
Family Support Center and the forum through which decisions are made for the parents of the centers.
- ✓ **Parents as Teachers**  
Parent child activities that help you to learn to work with your child to assist them in meeting milestones while preparing them for school.
- ✓ **The Nurturing Parent Program**  
Parent child activities that help you to learn to work with your child to assist them in meeting milestones while preparing them for school.
- ✓ **Beverly's Birthdays**  
Families celebrate birthdays with gifts and other festivities at the center.
- ✓ **Family Fun Activities**  
Monthly family activities provide a fun educational way for families to get together. Check our calendar for dates and times.
- ✓ **Diaper Bank**  
Our community diaper bank offers diapers to families in need, ensuring every child stays comfortable and healthy.
- ✓ **Kindergarten Readiness**  
A program that works to address the needs of families with children going into kindergarten. Activities and events for families and children preparing for kindergarten enrollment.

### Emergency Food Pantry

Supplemental food distribution on an emergency basis.

### Mental Health Wellness

Connecting families and health providers for family and individual counseling.



## THE URBAN LEAGUE FAMILY SUPPORT CENTERS

### Contact Us

 2320 East Hills Drive (Rear)

 [www.ulpgh.com](http://www.ulpgh.com)

 1-412-727-2640



### Program hours:

Monday- Friday  
9:00am-5:00pm

Wednesdays  
9:00am-7:00pm

Saturday  
Hours as needed